

An overview of PSHE in Year 1 – Autumn 1

Our learning this term in PSHE will be learning about working together as a **TEAM**

The children will learn that if a team works well together, it can have a positive impact on all of its members and what they can achieve. It aims to enable the children to develop successful collaborative working skills, such as good listening. In this unit, children learn about the importance of being kind to others.

Together everyone achieves more

They will learn that they belong to various groups and communities, such as family and school. The children will identify their special people (family, friends, carers), what makes them special and how special people should care for one another.

Listening

They will talk about why it is important to listen to other people and ways that they can show that they are listening. They will think about how good listening can make us work together as a team.

Being kind

The children will think of ways that they can be kind and give reasons why it is important to be kind. They will learn that we can all help to make our class feel safe, friendly and a happy place to be.

Bullying and teasing

The children will explore the differences between joking, teasing and bullying. We will talk about what we should do if we think someone is being unkind and the importance of talking to an adult. We will also think about adults that we can trust, who we should talk to when we are worried about something.

Brilliant brains

They will think about how to be positive learners, to learn from their experiences and to recognise and celebrate their strengths. The children will learn the power of, 'I can't do it yet' and the importance of being resilient. They will think about strategies that can help them when they find something tricky.

Making good choices

They will talk about different choices that they can make and how their behaviour can affect the team around them, at home, in the community and at school.

Text Drivers



Key vocabulary

Team
Achieve
Mindset
Compliment
Kindness
Empathy
Listen
Conflict
Respect
Considerate
Polite
Bullying
Teasing